Treatment Menu

GIFT VOUCHERS

Give a gift of love with a pampering session at Evolve U We arrange everything and offer you gifts by card or online

FACIALS

To support beautiful healthy ageless skin, we optimise the science of pure and natural organic ingredients. All our facial skin products are carefully chosen for their proven results. Each facial is tailor-made to suit the individual client, their skin requirements and lifestyle. We offer a complimentary eye treatment with each facial. Facials are suitable for both men and women.

The GREEN Goddess Organic Bliss Facial

This gorgeous facial trademark Facial includes a complimentary eye treatment. Tailor-made to reflect your personal skin beauty needs

60 minutes ~ \$120

45 minutes ~ \$85

35 minutes ~ \$60

All one hour facial treatments include a complimentary eyelash tint or eyebrow shape

Hyaluronic Acid Skin Recovery Mask Facial

This multi-action facial calms the skin and infuses hydration into the skin. The mask contains pure hyaluronic acid 60 minutes \$120



PEEL TREATMENTS FOR SKIN REJUVENATION

All facials are suitable for men, women and adolescents AGE REVERSAL in a FACIAL.

A high strength treatment for deep wrinkles /acne scars/ thickened skin texture/ sun damage incl 5 layers of Peel, including glycolic, retinol, enzyme, vitamin c and multi vitamin.

- Potency 3
- 5 acids 50% ph2 Skin Peel
- Enzyme Peel
- Retinal Peel 3%
- Multi Vitamin infusion Serum
- Vitamin C \$ Enzymes Rehydration

This is a high strength, skin peeling that will involve downtime recovery. The Peel is intensive to cause deep Exfoliation and Rejuvenation. Minimal use of make-up and avoidance of sun exposure ensures the best possible results.

1.5 hours ~ \$253 recommended 5 weekly treatments

Enzyme Peel Facial

A gentle exfoliating effect to soften skin for a dewy, youthful appearance

1 hour ~ Cost ~ \$115 recommended 5 weekly treatments

Retinol Peel Facial

Deep exfoliation .. some visible peeling may result in the following days

1 hour ~ Cost \$115 ~ recommended 5 weekly treatments

50% Glycolic Peel Facial

1 hour ~ Cost \$120

Gly C Micro Dermabrasion Treatment Facial

30 minutes ~ \$80.00 recommended 5 weekly treatments

Non-invasive, skin refining procedure using microdermabrasion manual exfoliation. This treatment assists to minimise the appearance of pores, skin coarseness, pigmentation and wrinkles. Controls blemishes and congestion



COSMETIC /FACIAL ACUPUNCTURE

60 minutes ~ \$70.00

Add a FACIAL with this treatment

DERMAPEN 4 COLLAGEN INDUCTION THERAPY

Treatment Protocols

- Safely repeated every 2- 4-6 weeks apart
- For collagen & skin rejuvenation 3-6 treatments 6 weeks apart
- Scars, Acne Scars and Acne reduction 4-6 treatments 6 weeks apart

The number of treatments can depend on the individual client and their response We will cover all pre and post treatment prior to your appointment.

\$299 per treatment Which includes a free Microdermabrasion Facial prior to your treatment

Treatment package:

\$250 per treatment \$750 for a course of 3 includes a free facial valued \$120

Payment plans, Credit cards & Layby



EYE BEAUTY

- Brow Shape \$25
- Brow Shape & Tint \$32
- Brow Tint \$20
- Lash Tint \$25
- Man Brows \$27
- Tint \$20
- Shape & tint \$35

WAXING

- Leg. \$45
- Thigh \$45
- Thigh Back \$25
- Thigh with just Bikini OUTLINE \$65
- LOVERS & BIKINI BABES
- Bikini \$35
- Bikini with top shaped \$40
- G-String \$49
- Brazilian \$60-\$70 first time
- Brazilian regular \$55 \$60

SILKY ARMS

- Arms full \$45
- Arms \$28 forearm or upper arm
- Underarm \$26

MAN Wax

- Abs \$38
- Back or front &50 (front includes chest & abs)
- Leg Full \$85.00
- Thigh \$39
- Lower Leg \$38
- Arms Full \$60
- Arms \$38 forearm or upper



AROMATHERAPY, MASSAGE & BODY BALANCING THERAPY

Evolve U Beauty Therapy specialises in Aromatherapy.

Aromatherapy consultations for home use, including Blends for therapeutic benefit

Clinic treatments for various health concerns

Aromatherapy. Massage both a therapeutical and relaxing solution to well being
Ongoing Aromatherapy treatments to treat conditions

Available 60 minutes \$70.00

Choose from Aromatherapy Massage, Swedish Massage, Soft & Deep Tissue, Reflexology

You can choose your type of massage & the time frame to suit your busy life

- Massage 40 minutes \$65
- Just the neck, upper back & shoulders
- Massage35 minutes \$55
- Massage 60 minutes \$70
- Massage 90 minutes \$90

PERFECT HANDS AND FEET

- Toe or Finger nails painted and shaped with cuticle treatment. \$25
- Manicure or Pedicure \$56 \$65
- 30-40 minutes
- Manicure or Pedicure. \$77 \$85
- 60 minutes



BODY THERAPIES

- Japanese Energy Balancing 60 minutes \$75
- Regular Treatments \$65
- Body Exfoliation 60 minutes \$85

Body Wraps

Choose from detoxifying hydrating or pure balance to restore your well being

- Allow 1.5 hours ~ \$150
- Allow 60 minutes ~ \$90
- Full Body Tan \$60.00
- 1/2 Body Tan. \$49.00

MAKE UP

- Day makeup \$55
- Bridal \$70
- Bridesmaid \$65
- Mother of the Bride or Groom \$60
- Ball \$60
- Special Occasion \$60



YOGA & Yoga Therapy

The practice of yoga is life-changing.. my journey has been amazing. Yoga develops you on so many levels. Your practice will develop within you more balance emotionally, clarity mentally and strength and tone physically.

As a Yoga instructor, I offer classes in yin, modern flow and Hatha style. All of my classes are suitable for students at any level.

Yoga is the most amazing journey which begins with simply coming to class and getting onto your mat.

I teach groups and individuals. I offer meditation workshops and small Retreats My strength as a teacher is in how I can help you connect with your practice, the connection is the mind the body and the breath.

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- \$17 ~ Casual Rate per class
- \$155 ~ Concession Card receive 11 Classes, one is free
- \$55 Private Class

Time table

Monday 6:15pm - 7:15pm - Fill Good Studio, 29a Victoria St, Cambridge

Tuesday 6:00pm - 7:00pm The Red Cross Hall, Milicich Place Cambridge

